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Newsletter

# REFLECTIONS

## NRC ENGLISH MEDIUM SCHOOL

Managed By Adani Foundation



We gather in thanks, humble and true.



SEPTEMBER 2025



# Onam Celebration

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The Pre-Primary section of NRC School came alive with joy and festivity as our little learners celebrated the vibrant festival of Onam. Dressed in traditional South Indian attire, the children looked adorable while embracing the cultural essence of Kerala. The celebration began with students engaging in traditions that reflected the spirit of unity, harmony, and happiness. Teachers explained the significance of Onam in a simple manner, helping children understand the values of togetherness and gratitude associated with the festival.

A special highlight of the day was the beautifully crafted boat model, created by the teachers to represent the iconic 'Vallam Kali' (snake boat race), which fascinated the children and added a touch of authenticity to the event. The atmosphere was filled with excitement as the little ones participated enthusiastically, learning about Kerala's traditions in a fun and interactive way. Such celebrations not only create joyful memories but also nurture cultural awareness, helping our students appreciate the diversity of India from a young age.



# Teacher's Day



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Teacher's Day was celebrated with great enthusiasm at NRC School on 5th September 2025 through an online program in the presence of Priti Ma'am, the honourable chairperson of Adani Foundation. The program was witnessed by the teachers of 42 Adani Schools. Our students had the honor of inviting Priti Ma'am online and also present a thanksgiving and salutation song. The event showcased performances from various schools, while NRC School was specially chosen to anchor the program. Students, alumni, and teachers expressed their heartfelt respect, and our participants performed exceptionally well, keeping the audience engaged throughout.

On 7th September, Class 10 students visited the junior classes to celebrate the spirit of teaching by conducting interactive lessons and fun activities. The younger students enjoyed learning from their seniors, showing gratitude with smiles and applause. This activity not only built a strong bond between juniors and seniors but also boosted the confidence and teaching skills of Class 10 students. The celebrations beautifully combined respect, gratitude, learning, and joy, leaving lasting memories for all.



# CHANGE MAKER

(Motivational Session)

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NRC School hosted an inspiring workshop for Classes 9 and 10, led by the young achiever Nischal Narayanam. At the age of 13, he achieved two Guinness World Records and was named among the 7 Brilliant Brains of the World by National Geographic. He became India's youngest Chartered Accountant at 19 and the youngest double post-graduate in Mathematics and Commerce at 18. In 2007, he was the first Indian to win the World Memory Championship and also received the National Child Award from the President of India. Nischal, the proud Change Maker of NRC School, authored mathematics books and created India's first Mathematics Lab at age 10.

He founded Nischal's Smart Learning Solutions, benefitting over 8,000 schools globally. Through the Nischal Foundation, he also promotes literacy and education. During the workshop, he guided students on goal setting, focus, and determination. The session encouraged them to chase their dreams with confidence and passion. It was an interactive, motivational, and truly unforgettable experience for all.



# Salad Making Competition



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The Secondary Section of NRC School hosted a creative Salad Making Competition for Class 9 students in the school cinema hall. The event aimed to encourage healthy eating habits while showcasing the students' creativity and presentation skills. Participants displayed beautifully designed salads with innovative ideas and teamwork, making the competition both fun and educational.

The event was judged by Ms. Pooja Sonawane, Commi 3 Chef at Taj Lands End, Mumbai, who appreciated the efforts, taste, and artistic presentation of the students. Her valuable feedback motivated the participants to experiment more with healthy food choices. The competition was a wonderful blend of learning, health awareness, and excitement, leaving the students inspired to continue making nutritious choices in their daily lives.



# Navratri Celebration

Primary & Secondary section

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Navratri was celebrated with great enthusiasm at NRC School by both the Primary and Secondary sections. The school campus was beautifully decorated with flowers, rangoli, and vibrant festoons, creating a devotional and festive atmosphere. The celebration began with an auspicious aarti, invoking blessings for wisdom and prosperity, followed by colourful performances.

Primary students presented an act showcasing Goddess Saraswati, Goddess Lakshmi, and the nine forms of Goddess Durga, where each young girl, dressed as a Devi, introduced herself gracefully. They also performed traditional folk dances like Garba and Gondal, filling the stage with rhythm and joy. The Secondary students showcased their spirit through lively Garba performances in colourful attire, spreading festive cheer across the school. The event highlighted India's cultural richness and strengthened the students' sense of tradition and unity. The celebration concluded with everyone joining the Garba circle, making it a memorable occasion.



# Yoga and Meditation session

by Yoga Sewa sadan samiti.

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NRC School organized a rejuvenating Yoga and Meditation Session for the secondary section in collaboration with Yoga Sewa Sadan Samiti. The session aimed to promote physical fitness, mental well-being, and mindfulness among students. Experienced resource persons from the samiti visited the school and conducted interactive sessions in individual classrooms as well as in the assembly hall.

Students were introduced to various yoga asanas, breathing techniques, and simple meditation practices that help reduce stress and improve focus. The instructors explained the importance of incorporating yoga into daily life for better posture, concentration, and emotional balance.

Students eagerly participated and followed the yoga experts with enthusiasm. The calm and positive atmosphere created during the session encouraged everyone to connect with their inner peace. The initiative was greatly appreciated by both teachers and students, as it reinforced the significance of maintaining a healthy body and mind through regular yoga and meditation practices.



# Grandparents' Day



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NRC School celebrated Grandparents' Day with warmth and enthusiasm. The event was filled with love, laughter, and memorable moments as teachers organized fun games for grandparents, allowing them to actively participate and enjoy along with their grandchildren. Students were seen assisting and cheering their grandparents during the activities, creating a lively and joyful atmosphere. A special highlight of the program was a heartwarming performance by the teachers, making it truly a Grandparents' Day to remember.

To express gratitude, grandparents were gifted handmade Diwali diyas crafted by students of the Sadaphuli Workshop, Kandivali, a school for children with special needs. This thoughtful exchange added a meaningful and emotional touch to the celebration. Grandparents also shared stories, laughter, and experiences with the students, strengthening the bond between generations. The celebration beautifully combined joy, respect, and togetherness, leaving everyone with smiles and unforgettable memories.



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